

# A Healing Move

## by Rev. Lauren Skye

We have just moved our center to a new location. It's an exciting time as we expand into a larger space and take a step in our growth as a spiritual sanctuary and learning center.

It was wonderful to notice the many opportunities for healing that happened during the move. After months of thinking and talking about moving, the time was right. We set the energy using the techniques we teach and asked spirit to help us find our new space. It was shown to us through a series of wonderful synchronicities where God seemed to be saying, Yes, Yes, Yes! We later found out the space had been vacant ever since we knew we were going to move, and had sat waiting for us for several months. It was quite a healing to see a vision manifest and to recognize the hand of spirit in creation.

Packing was another wonderful healing. Sorting through all the accumulated objects in our old space was a trip down memory lane for me. It was fun to notice what items I was ready to let go of and which ones still held energy for me. It reminded me of the energetic cleansing we go through whenever we take a big step in life. Some behaviors and belief systems are just right for the new vibration, while others no longer serve us. The old experiences don't vanish. They are, in a spiritual sense, filed, and their lessons integrated into who we are.

The actual move itself was one healing adventure after another. Many of our encounters with a variety of people; the tired phone company worker, an overworked waitress, an apathetic store clerk, a confused and worried locksmith; provided opportunities for healing. Rather than match the problem energy these folks were running, we were able to offer kindness and release the details of the situation to God. Wonderfully, they accepted our overtures and each of these situations concluded with grace. Have you ever had a day when everyone you came into contact with seemed to be troubled or angry? Perhaps they are drawn to you for healing, for your ability to offer light to the dark. It's so tempting to counter a difficult energy with the same level of challenge. Instead, we can create an opportunity for healing, recognizing each person as spirit, as a being

on a human journey, working toward growth in their own way and time. I was grateful for the opportunities to practice grace, and was reminded of how important it is to remember the role of spiritual reality in everything we do, in all facets of life.

So now we are all settled in to our new digs, and we hope you'll come visit. Whenever we create something, whenever something wonderful happens, what's the first thing we want to do? We want to share it. We pick up the phone or drive to a friend's to share the news. On behalf of all of us at The Inner Connection, I invite you to come on in and see our new space. Come for a healing, come for a class, or just come for a cup of tea. We thank you for sharing another step in our dream coming true.

Copyright 1997-2008 Inner Connection Institute