

# Who is Psychic?

by Rev. Lauren Skye

People often ask me, "Is everyone psychic?" The answer is, yes! The next question is usually, "don't you have to be born with it?" And the answer is, you are born with it! Our psychism, or clairvoyance, comes from our nature as spiritual beings, as beings of energy and light as we exist outside the physical body. And, since we are all incarnated spirits in bodies, we all have what it takes to be psychic.

It is wonderful to listen to our meditation students as they approach the 4th or 5th week of class. They begin to share stories of noticing and exchange of energy, of knowing information, of magical synchronicities, of physical healings, and of communicating with spirit. They smile with an incredible sense of both peace and excitement at the same time. These folks are starting to notice they are psychic. They are beginning to tap into what has always been not only a part of their nature, but the foundation of their very essence.

We truly are spiritual beings having a human experience. Those who believe they aren't intuitive simply aren't experiencing their abilities on a conscious level. Clairvoyance is as natural as breathing, and even more so, since our energetic form, where we have those abilities, survives the physical body. If you've been curious about readings and energy, and are drawn to exploring and enjoying your own inner divinity, I invite you to the Inner Connection Institute. There are several opportunities to come and say hello; including free healing clinics, church celebrations, and classes. Everyone is welcome!

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